

MENU

LUNCH

OCTOBER

			Chicken Fajita bowl Rice & Corn Cumin Lime Black Beans Fruit & Veggies Milk	01	Chicken Bacon Ranch or Cheese Pizza Chef's Salad Fruits & Veggies Milk	02			
BBQ Pulled Pork Sandwich Pasta Salad Fruits & Veggies Milk	05	Chicken Quesadilla Rice & Refried Beans Corn Fruit & Veggies Milk	06	Cheeseburger on a bun French Fries Lettuce, Tomato & 1000 Island Fruit & Veggies Milk	07	Chicken Alfredo w/ Pasta Garlic Bread Roasted Broccoli Fruit & Veggies Milk	08	Pepperoni or Cheese Pizza Caesar Salad Fruit & Veggies Milk	09
Columbus Day No School	12	Chicken Tenders French fries Coleslaw Fruits & Veggies Milk	13	Walking Tacos Rice Roasted Corn Fruit & Veggies Milk	14	Mini Corndogs Baked Beans Roasted Carrots Fruits & Veggies Milk	15	Cheese or Pepperoni Calzones Chef's Salad Fruits & Veggies Milk	16
Cheese Ravioli w/ Marinara Garlic Bread & Roasted Broccoli Fruit & Veggies Milk	19	Shredded BBQ Chicken Sandwich Baked Beans Fruits & Veggies Milk	20	Sausage Egg & Cheese Wrap Hash Browns Fruit Smoothie Fruits & Veggies Milk	21	Chicken & Biscuits Mixed Vegetable Fruit & Veggies Milk	22	Buffalo Chicken or Cheese Pizza Caesar Salad Fruits & Veggies Milk	23
Chicken Patty on a Bun Chips Carrots & Celery Sticks Fruit & Veggies Milk	26	Baked Ziti w/ Garlic Bread Roasted Vegetables Fruits & Veggies Milk	27	CPCS Bowl Chicken, Mashed Potatoes & Gravy Corn Fruits & Veggies Milk	28	Philly Cheesesteak Baked Beans Roasted Potatoes Fruits & Veggies Milk	29	Italian Dunkers w/ Marinara Sauce Chef's Salad Fruits & Veggies Milk	30

Every day
we offer a delicious
and varied salad
bar full of fruits and
veggies.

October 12th-16th is National School Lunch
Week- Cafeteria Circus!
We will be celebrating
with new and
different menu items!



All students eat free in our school!
Your child can get 3 free items even if they
bring their lunch!

Alternate
choices are
PB&J or
Sandwich of the
Week

