

CPCS Suicide Intervention Plan

Key Components:

- **Immediate Response (Crisis Protocol):** If a student threatens suicide, they must never be left alone. A staff member or administrator must be notified immediately to provide supervision while initiating emergency procedures, which may include calling 911.
- **Parent/Guardian Notification:** Parents or guardians are notified immediately regarding the threat, and schools will discuss "means safety"—limiting access to items like guns, medication, or knives.
- **Risk Assessment:**
 - A school professional will use risk assessment/professional judgement to determine level of risk. If the student is considered "High-Risk", continue to next bullet.
 - Before a student can return to school, they are required to undergo a professional mental health evaluation and provide documentation to the school confirming they are safe to return and have a safety plan created by the mental health clinician/team when seen.
- **Re-entry Plan:** Upon return, a designated staff member (e.g., counselor, nurse) often creates a tailored, re-entry safety plan, which may include scheduled check-ins and additional support services.
- **Mandatory Reporting:** School employees are typically mandated to report any knowledge of suicide threats or suicidal thoughts to the administration.

Resources for Immediate Help

- **988 Suicide & Crisis Lifeline:** Call or text 988.
- **Crisis Text Line:** Text "Got5" to 741-741.

Key Considerations

Policies often stress that discussing suicide does not increase risk and that it is important to, as discussed in the Youth Suicide Prevention School-Based Guide, open communication is crucial for prevention.

Please refer to: **Guide for Suicide Prevention for School Personnel** *Companion Guide to the NYS Office of Mental Health's A Guide for Suicide Prevention in New York Schools*